

# BEREAVEMENT SUPPORT 2021

## SPECIAL TOPICS WEBINARS VIA WEBEX

### **Advance Care Planning: Having a Family Conversation**

Monday, April 5, 2021  
6:30-8:00pm

### **End of Life Matters: The Jewish Perspective**

Wednesday, May 12, 2021  
6:30-8:00pm

### **How to Manage Anger in the Grief Process**

Thursday, July 8, 2021  
6:30-8:00pm

### **Starting Over: Learning to Live without My Loved One (Men Only)**

Tuesday, October 5, 2021  
6:30-8:00pm

### **Remaining Resilient through the Holidays**

Tuesday, December 14, 2021  
6:30-8:00pm

## BEREAVEMENT GROUPS VIA WEBEX

### **Daytime Group**

*Meets weekly for four sessions  
(For loss related to COVID)*

Beginning Tuesday, February 2, 2021  
12:00-1:30pm

### **Evening Group**

*Meets weekly for four sessions*

Beginning Tuesday, May 18, 2021  
6:00-7:30pm

### **Daytime Group**

*Meets weekly for four sessions  
(Widows only)*

Beginning Tuesday, Aug 10, 2021  
12:00-1:30pm

### **Evening Group**

*Meets weekly for four sessions  
(For loss related to COVID)*

Beginning Tuesday, November 2, 2021  
6:00-7:30pm

### **Bereavement Groups For NYU Langone Hospital—Long Island Employees**

By Appointment Only -- Please contact the office

**Pre-registration is required for all webinars and groups.**

Please contact the Spiritual Care Department: 516-663-4749 or [bereavement@nyulangone.org](mailto:bereavement@nyulangone.org)